

00863

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY AND  
POST GRADUATE DIPLOMA IN  
COUNSELLING AND FAMILY THERAPY**

**Term-End Examination**

**June, 2011**

**MCFT-002 : MENTAL HEALTH AND DISORDERS**

*Time : 3 hours*

*Maximum Marks : 100*

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*Note : Answer five questions in all. Question No. 1 is compulsory.*

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1. Define *any ten* of the following in 2-3 sentences each : **10x2=20**
- (a) Mental health.
  - (b) Nosological systems
  - (c) Psychosis
  - (d) Delirium
  - (e) Anxiety
  - (f) Enuresis
  - (g) Delusion
  - (h) Mania
  - (i) Denial
  - (j) Depression
  - (k) Chronic illness
  - (l) Behavioural disorders.

2. (a) Define neurosis. 4
- (b) Differentiate between neurosis and psychosis. 6
- (c) Classify neurotic disorders. 4
- (d) Discuss briefly causes of neurotic disorders. 6
3. (a) State the causes and risk factors of depression. 6
- (b) Briefly describe different types of grief. 4
- (c) How can you help a person who has suicidal tendency ? Explain with the help of an example. 10
4. (a) Discuss emotional disorders during childhood. 10
- (b) Explain how would you assess behavioural and emotional disorders during childhood and adolescent ? 10
5. A 71 year old woman visits a family therapist along with her family members. Her daughter-in-law reports that these days she often forgets names of the people, days, dates, etc. She was at times not cooperative with the family therapist and would not answer all the questions asked by the therapist.

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|----|-----|--|-------|
|    | (a) | Analyse what is the problem with the old woman.                          | 2     |
|    | (b) | Describe the characteristics of the illness.                             | 5     |
|    | (c) | Discuss management of the illness  | 5     |
|    | (d) | Briefly discuss the other cognitive disorders.                           | 8     |
| 6. | (a) | What do you understand by the term mood disorders ?                      | 5     |
|    | (b) | Give clinical features of depressive episode and manic episode.          | 7½+7½ |
| 7. | (a) | Define the term 'disability ' with the help of examples.                 | 5     |
|    | (b) | State the distinction between disability, impairment and handicap.       | 7     |
|    | (c) | Enumerate any eight myths related to the persons with disability.        | 8     |
| 8. | (a) | Describe the various sensory impairments.                                | 5     |
|    | (b) | Discuss the interventions used for persons with visual impairment.       | 15    |
| 9. |     | Critically discuss psychosocial rehabilitation for mentally ill persons. | 20    |