

00543

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY AND POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY**

Term-End Examination

June, 2011

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 hours

Maximum Marks : 100

*Note : Answer five questions in all. Question No.1 is
compulsory.*

1. Briefly define *any ten* of the following : **10x2=20**
- (a) Down syndrome
 - (b) 'Brahmacharya' stage of human life
 - (c) Teratogens
 - (d) Repression
 - (e) Assimilation
 - (f) Adoptive family
 - (g) Contracting family
 - (h) Anorexia nervosa
 - (i) Sandwich generation
 - (j) Sibling rivalry
 - (k) Empty nest syndrome
 - (l) Family life cycle

2. Define 'development', in the context of human life span development. Describe the characteristics of development, with the help of examples from day to day life. 20
3. (a) Describe the psychosexual stages, and the significance of the same, proposed by Freud. 15
 (b) Discuss the limitations of psychoanalytic theory. 5
4. (a) Explain social learning theory with examples. 15
 (b) Discuss the applications of social learning theory with special relevance to children. 5
5. (a) Explain the key features and assumptions of the family systems theory. 15
 (b) Discuss the relevance of studying family relationships for counselling and family therapy, in the context of helping individuals as well as families. Support your answer with examples. 5
6. (a) Explain the concept and significance of marriage with reference to the region and religion you belong to. 5
 (b) Discuss the various domains of adjustment during the beginning family stage. 15

7. Describe Piaget's theory of cognitive development, and its applications by giving suitable examples. **20**
8. (a) Outline the developmental characteristics of teenagers with reference to your region. **10**
(b) Critically analyse the challenges and emerging issues that families with teenagers in contemporary Indian society often have to deal with. Support your answer with examples. **10**
9. Write short notes on *any four* of the following : **5x4=20**
(a) Normative influences
(b) Family dynamics of Indian family
(c) Maslow's hierarchy of needs
(d) Ego integrity versus despair
(e) Single parent families
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