

00703

**POST GRADUATE DIPLOMA IN
GERIATRIC MEDICINE (PGDGM)**

Term-End Examination

June, 2010

MME-004 : BASIC GERIATRICS

Time : 3 hours

Maximum Marks : 70

Note : All questions are compulsory.

1. Describe the diet related degenerative diseases in the aging population. Suggest dietary modification for their preventive management. 15
2. What are the major concerns related to care given and family adjustments ? What are the ways in which elderly are abused ? 15
3. What are the healthy lifestyle behaviours that can be adopted in old age ? How can education and literacy help the elderly to cope better ? 15

4. Write short notes on *all* of the following :
- (a) Diagnostic procedures for disability in old age. 5
 - (b) Barthel index of activities of daily living. 5
 - (c) Concepts and objective of health education. 5
 - (d) Changing population structure. 5
 - (e) Interventions for medical Rehabilitation. 5
-