

**POST BASIC
BACHELOR OF SCIENCE (NURSING)**

**Term-End Examination
December, 2010**

HS3T2 : MENTAL HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. Mrs. Santosh a 20 year old female is very restless. She has c/o loss of appetite, rapid breathing, nausea and heart burn. She is diagnosed as a case of 'Anxiety Neurosis' 2+5+8=15
 - (a) Define 'Anxiety'.
 - (b) List down the characteristics of anxiety.
 - (c) Plan nursing care for Mrs. Santosh.

2. (a) Explain the 'Adjustment Process'. 5+10=15
 - (b) Describe any five types of defence mechanisms. Support your answer with examples from your experience.

3. Describe any five therapeutic communication techniques which you have used while working with the patients. 10

4. (a) Briefly describe the various levels of prevention of mental illness. 6+9=15
- (b) Explain the role of nurse in primary prevention of mental illness.
5. Write short notes on *any two* of the following :
- (a) Barriers to communication. 2x5=10
- (b) Disturbances of affect.
- (c) Symptoms in Conversion Disorder (Hysteria)
- (d) Models of Normalcy and Abnormalcy.
- (e) Nursing management of Acute Alcohol Intoxication.
6. Fill in the Blanks : 5x1=5
- (a) First mental hospital in India was constructed in 1918 at _____.
- (b) A false fixed belief which is not in accordance with patients educational and socio - economic background is called as _____.
- (c) Fear of heights is called _____.
- (d) The phase of Nurse Patient Relationship when the patient is ready to get discharged from the hospital is called _____ phase.
- (e) A state in which an immobile position is constantly maintained is called _____.
-