

00804

**POST BASIC
BACHELOR OF SCIENCE (NURSING)**

Term-End Examination

December, 2010

HS1T1 : PRIMARY HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions. Answer all parts of the question at one place.

1. (a) Define primary health care and explain its meaning.
- (b) Describe the principles of primary health care. 5+10=15

2. (a) Explain the meaning of nursing assessment.
- (b) State the purpose of family health assessment.
- (c) List the indications of family health assessment.
- (d) Discuss the family health assessment skills which you as a community health nurse would apply to assess a family. 3+2+2+8=15

3. (a) List the high risk factors which you would identify in a pregnant woman. $4+10+1=15$
- (b) Discuss the importance of the following nutrients in pregnancy and list their sources.
- (i) Protein
 - (ii) Iron
 - (iii) Calcium
 - (iv) Folic acid and Vitamin B₁₂
- (c) Mention the schedule of antenatal visits during normal pregnancy in primary health centre.

4. Write short notes on any three of the following :
- (a) Maternal and child health clinics. $3 \times 5 = 15$
 - (b) Principles of communication in health education.
 - (c) Management of domestic accidents at home and community level.
 - (d) DPT vaccine.
 - (e) Objectives of health education.

5. Write in your answer sheet 'T' if the statement is true and 'F' if it is false. $5 \times 1 = 5$
- (a) Colostrum should be discarded and should not be given to a new born baby. T/F
 - (b) Ozone is an agent which can be used for disinfection of water. T/F

- (c) Polio vaccine can be kept frozen for years. T/F
- (d) Quickening is a presumptive sign of pregnancy. T/F
- (e) One gram of protein provides 4 (four) calories. T/F

6. Fill in the blanks in the followings : 5x1=5

- (a) Minimum needs programme was introduced during the _____ plan.
- (b) "Health for All" is defined as the attainment of a level of health that will enable every individual to lead a _____ and _____ productive life.
- (c) Primary health centre covers a population of _____.
- (d) A health programme is effective if the outcome confirms with the _____.
- (e) Geriatric care focuses on the disease process of _____.
