

02184

**POST BASIC
BACHELOR OF SCIENCE (NURSING)**

**Term-End Examination
December, 2010**

BNS-108 : MENTAL HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

*Note : Attempt all questions. Attempt all parts of a question
at one place.*

1. (a) Define Anxiety (1 + 6 + 8 = 15)
(b) Describe the levels of anxiety and their manifestations.
(c) Explain the medical and nursing management of anxiety disorders.

2. Mr. Ajay an 18yr old boy is admitted in psychiatry ward. He is overactive, talks excessively and says. he is a millionaire. He is elated. 3+4+8=15
(a) Describe briefly various stages of mania
(b) Enlist the drugs used to treat mania
(c) Write the nursing management of Ajay keeping the nursing process in mind.

3. Describe the clinical features and nursing management in the following conditions seen in children : 5+5+5=15

- (a) Temper Tantrum
- (b) Attention Deficit Hyperactive Disorder
- (c) Autism

4. Write short notes on *any four* : 5x4=20

- (a) Misconcepts about mental illness.
- (b) Disorders of content of thought and conditions in which they are seen.
- (c) Preparation Nursing care of a patient for ECT.
- (d) Basic principles of emergency psychiatry
- (e) Challenges in mental health nursing
- (f) Behavioural psychotherapy

5. Fill in the blanks : 5

- (a) The first American psychiatric Nurse was _____ .
- (b) The mechanism by which strong emotional conflicts are converted into physical symptoms is called _____ .
- (c) Personality characterized by the individual having feelings of loneliness, isolation, timid and shyness, quiet and asocial is called _____ personality

- (d) Permanent irreversible loss of intellectual efficiency is called _____ .
- (e) Complete or partial absence of memory is called _____ .
- _____