

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2015

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about 150 words each on **any four** of the following : **4x5=20**
 - (a) Readiness for marriage
 - (b) Sexual dysfunction as incompatibility among the married couple
 - (c) Facial expressions and emotions
 - (d) Personality traits essential for well - being
 - (e) Altruism and empathy as motives for pro social behaviour
 - (f) Difference between verbal and non-verbal communication
 - (g) Johari window

2. Define conflict and conflict resolution. Discuss how as a counsellor and family therapist you would help to resolve conflict among a couple having a two year old child. Support your answer with the help of a case illustration. **20**

3. What is family cohesion ? Discuss the factors that promote family cohesion. Taking into consideration the barriers and challenges to family cohesiveness, how would you promote family cohesiveness among families belonging to your region ? **20**
4. A client comes to you with persistent pain disorder and low mood. Outline how you would help the client to manage emotions to foster the client's well-being. **20**
5. Discuss how you would promote well-being among the following different population groups : **4x5=20**
- (a) Working young women
 - (b) Adolescents
 - (c) Middle - aged men
 - (d) Aged parents living alone
6. Discuss the sexual development through the life cycle. Critically analyse your own views about sexuality. **20**
7. As a counsellor and family describe how you would help therapist resolve marital conflict of a married couple for seven years. Discuss strategies to help in maintenance of their marriage. **20**

8. Outline any two child rearing practices prevalent in earlier times, which may be existent now also, for boys and girls in your cultural contact and discuss their significance for child's socialization. Critically analyse the relevance of these child rearing practices in the traditional times as well as in the present day technology mediated modern world. **20**
9. (a) Differentiate between any two perspectives of personality. **10**
- (b) Critically evaluate the myths related to positive parenting. **10**
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