

**BACHELOR'S DEGREE PROGRAMME (BDP)**

**(B.A. PSYCHOLOGY)**

**01318**

**Term-End Examination**

**June, 2015**

**BPCE-017 : INTRODUCTION TO COUNSELLING  
PSYCHOLOGY**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All sections are compulsory.*

**SECTION A**

*Note : Answer any two of the following questions in  
about 500 words each :*

*2×10=20*

1. Define Counselling. Discuss the implications of counselling in the Indian context. *3+7=10*
2. Critically evaluate the cognitive theory of counselling. *10*
3. Discuss the need of counselling for the elementary school students and explain the role of elementary school counsellor. *4+6=10*
4. Explain Bowen's inter-generational approach to family counselling. *10*

## SECTION B

**Note :** Answer any **four** of the following questions in  
about 300 words each : 4×6=24

5. Describe the different types of communication patterns within families. 6
6. Discuss Gestalt and Adlerian therapy. 3+3=6
7. Discuss transference and counter-transference in counselling. 3+3=6
8. Explain the self-actualizing tendency in Rogers' Person-Centred Approach. 6
9. Explain confidentiality as an ethical issue in counselling. 6

## SECTION C

*Note : Write short notes on any two of the following  
in about 100 words each : 2×3=6*

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|------------------------------|---|
| 10. Family Life Cycle        | 3 |
| 11. Goals of HIV Counselling | 3 |
| 12. Guru Questions           | 3 |
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