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MPCE–023

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

Term-End Examination

June, 2024

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in about **450** words each.*

1. Explain the causes of Autism Spectrum Disorder (ASD). Describe the techniques for helping children with ASD. 5+5
2. Describe the techniques of behaviour modification and point out its advantages and limitations. 10

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3. Discuss the main tenets of client centred counselling. 10
4. Explain the important aspects of marriage counselling. 10

Section—B

Note : Answer any four of the following questions in about 250 words each.

5. Explain existential therapy and gestalt therapy. 3+3
6. Discuss the goals of Inter Personal therapy (IPT) and identify the basic problem areas addressed in IPT. 2+4
7. Explain the cognitive distortions with examples. 6
8. What are self management techniques used in counselling situations ? 6

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9. Describe the types of outcome studies in counselling research. 6

Section—C

Note : Write short notes on any two of the following questions in about 100 words each.

10. Functional enuresis/encopresis. 3
11. Selective mutism. 3
12. Ethical issues in e-counselling. 3