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MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY (MSCCFT)

Term-End Examination

June, 2024

MCFTE-001 : MARITAL AND FAMILY THERAPY AND COUNSELLING

Time: 2 Hours Maximum Marks: 50

Note: Question No. 1 is compulsory. Answer three questions in all. Question Nos. 2 to 5 are to be answered in about 500 words each.

- 1. Write short notes on any *four* of the following in about **150** words each : $4\times5=20$
 - (a) Importance of non-verbal communication during an interview.
 - (b) Cultural sensitivity on marital therapy.
 - (c) Principles of change in EFT.

- (d) Key premise of cognitive-behavioural sex therapy.
- (e) Significance of marital enrichment.
- (f) Use of circular questions in assessment.
- What is the purpose of interview in the context of marital and family therapy? Explain with the help of examples.
- 3. 'Within the family, interactions have circular causality and not linear causality.' Do you agree with this statement? Support your answer with examples.
- 4. Discuss the characteristics, advantages and disadvantages of self-report scales. 15
- 5. Analyse the process of restructuring interaction between partners.