

No. of Printed Pages : 3

**MCFT-006**

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY (MSCCFT)  
Term-End Examination**

**June, 2024**

**MCFT-006 : APPLIED SOCIAL PSYCHOLOGY**

*Time : 3 Hours*

*Maximum Marks : 100*

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***Note** : Attempt any **five** questions in about  
**600** words each. All questions carry equal  
marks.*

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1. Define social cognition. How does social cognition help in conserving mental effort ? Explain with the help of examples. 20
2. Discuss the causes of human aggression. What are the techniques of managing aggression ? 20

**P. T. O.**

3. What are emotions ? Discuss, giving examples, how we can better control our emotions to enhance well-being. 20
4. Describe the correlates of self and their relevance in everyday life. Give examples to illustrate your answer. 20
5. What is a conflict ? Discuss, giving examples, the different forms of conflict. 20
6. Highlight, giving examples, the significance of interpersonal communication. Explain the principles of interpersonal communication. 20
7. Describe types of marital adjustment. Discuss the various ways of resolving marital conflict. 20
8. Differentiate between separation, desertion and divorce. What are the factors influencing separation and divorce in the present times ? 20

[ 3 ]

9. Write short notes on any *four* of the following  
in about **150** words each : 5×4=20

- (i) Features of Indian Socialization
- (ii) Misdirected adjustment
- (iii) Positive parenting in the contemporary context
- (iv) Influence of family life on work
- (v) Sexual repression
- (vi) Creative problem solving