

No. of Printed Pages : 2

RPCE-105

PH. D. IN PSYCHOLOGY (PHDPC)

Term-End Examination

June, 2024

**RPCE-105 : APPROACHES AND TECHNIQUES IN
COUNSELLING PSYCHOLOGY**

Time : 3 Hours

Maximum Marks : 100

Note : (i) *Answer any five questions selecting at least two from each Section.*

(ii) *All questions carry equal marks.*

(iii) *Each question can be answered in around 600 words.*

Section—I

1. Explain psychodynamic approach to counselling. 20
2. Explain different counselling techniques used in behavioural approach. Discuss the merits and limitation of this approach. 20

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3. Discuss personal-social counselling for various issues faced by adolescents. 20
4. Differentiate between testing and assessment. Describe the non-standardized methods of assessment. 8+12

Section—II

5. Explain the characteristics of standardized tests. Describe any *two* areas of assessment of human behaviour. 10+10
6. Elaborate the approaches to play therapy. Describe some of the techniques used in play therapy. 10+10
7. Discuss the significance of the core conditions in counselling. How can the issues in cultural diversity in counselling be addressed ? 10+10
8. Define music therapy and describe its approaches. 8+12