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BPCE-017

BACHELOR'S DEGREE PROGRAMME

(BDP)

(B. A. PSYCHOLOGY)

Term-End Examination

June, 2023

BPCE-017 : INTRODUCTION TO COUNSELLING

PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any *two* of the following questions in about **450** words each.

1. Discuss the factors contributing to creation of a therapeutic climate in counselling. Explain the barriers to communication. 3+7

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2. Critically discuss the behavioral theories of counselling highlighting its goals, methods and limitations. 10
3. What are the factors that need to be considered in counselling of adolescents ? Discuss the various ways of counselling adolescents. 5+5
4. Explain the developmental models of family life. 10

Section—B

Note : Answer any *four* of the following questions in about **250** words each.

5. Discuss the purpose and sections of ACA code of ethics. 6
6. Explain the problem identification and exploration stage of counselling interview process. 6
7. Define counselling. Describe the characteristics of an effective counsellor. 3+3

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8. Explain the basic skills of counselling with suitable examples. 6
9. Describe the therapeutic activities that can be used for counselling children. 6

Section—C

Note : Write short notes on any *two* of the following in about **100** words each. 3 each

10. Guidance and Counselling. 3
11. Psychological issues in HIV/AIDS counselling. 3
12. Family sculpting. 3