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## MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY (MSCCFT)

## Term-End Examination June, 2023

## MCFTE-001 : MARITAL AND FAMILY THERAPY AND COUNSELLING

Time: 2 Hours Maximum Marks: 50

Note: Question No. 1 is compulsory and should be answered in about 600 words. Answer three questions in all. Question Nos. 2 to 5 are to be answered in about 450 words each.

1. Answer any *one* of the following in about **600** words:

Discuss attitudes and styles of a successful counsellor/family therapist.

Or

Explain why marital enrichment is typically conducted for couples in the initial stages of marital life. Support your answer with a case study.

- 2. What are the uses of sensate focus in sex therapy? Describe the treatment of vaginismus.
- 3. How can the use of circular questions facilitate assessment process in couple or family therapy?

  Discuss. 15
- 4. Discuss any *three* behavioural skills used for family assessment.
- 5. Discuss the difficulties experienced in analyzing information from an interview. 15