

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

June, 2022

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 hours

Maximum Marks : 100

Note : *All sections are compulsory.*

SECTION A

*Answer any **two** of the following questions in about
600 words each :*

2×20=40

1. Discuss the Mental Health Act, 1987 with a focus on its lacunae. *15+5=20*
2. Discuss various models of Community Mental Health. *20*
3. Describe the concept and nature of anger. Explain ways of anger management. *10+10=20*

SECTION B

Answer any **five** of the following questions in about
250 words each :

$5 \times 10 = 50$

4. Discuss the indicators and measurement of positive mental health. 10
5. Describe the strategies to promote social responsibility. 10
6. Discuss the principal methods of community research and explain the importance of Community Based Research (CBR). $5+5=10$
7. Explain the Rehabilitation Council of India Act (RCI Act). 10
8. Define Psychotherapy and discuss various schools of Psychotherapy. $3+7=10$
9. Describe Rational Emotive Behaviour Therapy. 10

SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

2×5=10

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| 10. Domestic Violence Act | 5 |
| 11. Importance of Documentation in Mental Health | 5 |
| 12. Multicultural Counselling | 5 |
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