

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

June, 2022

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 hours

Maximum Marks : 100

Note : *All sections are compulsory.*

SECTION A

*Attempt any **two** of the following questions in about
600 words each :*

2×20=40

1. Explain the concept of mental health. Discuss the Western and Eastern concepts of Mind. *10+10*
2. Explain neuroanatomy and discuss the role of genes in psychological disorders. *10+10*
3. Describe the various cognitive functions. Discuss the diseases and injuries that affect the brain and its functions. *10+10*

SECTION B

Attempt any **five** of the following questions in about
250 words each :

$5 \times 10 = 50$

4. Discuss the psychological basis of Mind. 10

5. Explain the Freudian stages of psychosexual development and defence mechanisms. 5+5

6. Discuss the behavioural theories of Classical and Operant conditioning. 5+5

7. Discuss the cultural context of understanding mental illness. 10

8. Explain Caregivers' burden in the context of mental illness. 10

9. Discuss sociological theories related to mental health. 10

SECTION C

Write short notes on any **two** of the following in about 100 words each :

2×5=10

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|---------------------------------|---|
| 10. Mental Health as Resilience | 5 |
| 11. Person-centred Theory | 5 |
| 12. Causes of Abnormality | 5 |
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