

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

**Term-End Examination
June, 2022**

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

*Answer any **two** of the following questions in about
450 words each :*

2×10=20

1. Discuss the basic interpersonal problem areas.
Describe the stages of interpersonal counselling. 5+5
2. State the key assumptions of Solution Focused
Counselling (SFC). Discuss the potentials and
limitations of SFC. 5+5
3. Elaborate on research in counselling area.
Discuss the e-counselling researches and
highlight the ethical issues in counselling
research. 5+3+2
4. Analyze the key concepts and features of
Person-centred therapy and Gestalt therapy. 10

SECTION B

Answer any **four** of the following questions in about
250 words each :

4×6=24

5. Discuss the causes of autism and explain the techniques of helping autistic children. 6
6. Explain the sequence in the REBT model, with the help of an example. 6
7. Explain psychodrama as a technique of psychological intervention. 6
8. Explain the procedure of systematic desensitization, with the help of a suitable example. 6
9. Describe object relations theory and explain how it applies to couple counselling. 4+2

SECTION C

Write short notes on any **two** of the following in about 100 words each :

2×3=6

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| 10. Self-Instructional Technique | 3 |
| 11. Token Economy | 3 |
| 12. Multimodal Therapy | 3 |
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