

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

Term-End Examination

June, 2022

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

*Answer any **two** of the following questions in about
450 words each :*

2×10=20

1. Define Assessment. Discuss its methods. 4+6
2. Differentiate between Guidance and Counselling.
Discuss the importance of counselling setting. 5+5
3. Explain Rational Emotive Therapy (RET) and
discuss the different techniques of RET. 4+6
4. Explain the rationale of guidance counselling
programme. Describe the scope of guidance and
counselling. 5+5

SECTION B

Answer any **four** of the following questions in about 250 words each :

4×6=24

5. Define Psychological Test and describe the characteristics of a good psychological test. 2+4
6. Describe the characteristics of an effective counsellor. 6
7. Differentiate between Individual and Group counselling process. 6
8. Define Positive Health. Discuss philosophical orientation of positive health. 3+3
9. Explain career planning and describe its relationship with counselling. 6

SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

2×3=6

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| 10. Types of Evaluation | 3 |
| 11. Empathy | 3 |
| 12. Systematic Desensitization | 3 |
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