

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

Term-End Examination

June, 2022

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

*Answer any **two** of the following questions in about
450 words each :*

2×10=20

1. Discuss the major behavioural techniques in behaviour therapy. 10
2. Explain the factors influencing school counselling. 10
3. Elucidate the basic tenets of person-centred approach to counselling. 10
4. Describe the process and intervention in family counselling. 10

SECTION B

Answer any **four** of the following questions in about 250 words each :

4×6=24

5. Describe the importance of establishing relationship in counselling interview. Highlight the strategies for effective counselling interview. 2+4
6. Explain the conditions necessary for HIV counselling. 6
7. Discuss the stages of assessment process in couple counselling. 6
8. Discuss the relevance of Western psychotherapy and counselling approaches in India. 6
9. Elucidate counselling techniques for young children. 6

SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

2×3=6

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| 10. Psychoanalytical Approach in Counselling | 3 |
| 11. Direct and Indirect Approach to Counselling | 3 |
| 12. Individual Counselling for Gifted Children | 3 |
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