

**CERTIFICATE IN HOME HEALTH
ASSISTANCE (CHHA)**

Term-End Examination

June, 2022

BHT-016 : BASIC HOME HEALTH ASSISTANCE

Time : 3 hours

Maximum Marks : 70

Note : Both Part A and B are **compulsory**. Do as per directions.

PART A

*Attempt any **one** of the following within 1200 words :*

1. (a) Discuss the factors affecting urinary and bowel elimination.
- (b) Describe the role of a Home Health Assistant (HHA) in management of a patient with urinary incontinence. *5+5=10*
2. Discuss the qualities of a Home Health Assistant. *10*

PART B

*Write short notes on any **ten** of the following within 600 words each :*

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| 3. | Health and Wellness Centre | 6 |
| 4. | Components of Communication Process | 6 |
| 5. | Challenges in Communicating with Elderly Person | 6 |
| 6. | Do's and Don'ts for HHA | 6 |
| 7. | Factors Influencing Comfort and Measures to Promote Comfort | 6 |
| 8. | Bed-sore Care | 6 |
| 9. | Role of a HHA in meeting Safety Needs | 6 |
| 10. | General Precautions while Feeding a Patient | 6 |
| 11. | Dietary Modifications in Disease Conditions | 6 |
| 12. | General First Aid Management of Fractures | 6 |
| 13. | Heat Stroke — Signs and Symptoms and First Aid Measures | 6 |
| 14. | Shock — Causes and First Aid in Shock | 6 |