

**POST BASIC BACHELOR OF SCIENCE
(NURSING) B.Sc. (N) (PB)**

Term-End Examination

June, 2022

BNS-108 : MENTAL HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

Note : Attempt **all** questions. Answer the questions as per the following details : Questions carrying 2 marks – 40 – 50 words; 3 marks – 60 – 80 words; 4 marks – 80 – 100 words; 5 marks – 150 – 200 words, 8 marks – 250 – 300 words; 10 marks – 350 – 400 words.

1. (a) Explain the concept of Normal and Abnormal behaviour.
- (b) Enlist the characteristics of a mentally healthy individual.
- (c) Discuss misconceptions about mental illness.
- (d) Briefly describe the scope of Psychiatric Nursing.

3+5+4+3=15

2. (a) Define Nurse-Patient relationship.
- (b) Enlist the differences between Therapeutic relationship and Social relationship.
- (c) Describe the factors affecting therapeutic relationship.
- (d) Explain how you as a nurse will prepare the patient for termination of Nurse-Patient relationship. $2+4+4+5=15$
3. (a) Define Anxiety.
- (b) Enlist the behavioural, cognitive and affective responses to Anxiety.
- (c) Name any two drugs, with dose, used in management of Anxiety.
- (d) Discuss the nursing management of a patient with Anxiety. $1+6+2+6=15$
4. Describe role of a nurse in any **two** of the following : $2 \times 5 = 10$
- (a) Emergency management of a patient with attempted suicide
- (b) A patient with Paranoid Schizophrenia
- (c) A patient with Organic Mental Disorder

5. Write short notes on any **three** of the following : $3 \times 5 = 15$

- (a) Disorders of Content of Thought
- (b) Temper Tantrums
- (c) Role of a Nurse in Legal Psychiatry
- (d) Behavioural Psychotherapy
- (e) Signs and Symptoms of Hypomania and Acute Mania
