

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

June, 2021

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION A

*Answer any **two** of the following questions in about
600 words each :*

2×20=40

1. Describe and critically evaluate the Mental Health Act, 1987. 20
2. Explain the concept of psycho-social rehabilitation. Elucidate social skills training and vocational rehabilitation. 6+14=20
3. Elucidate Rational Emotive Behaviour Therapy. 20

SECTION B

Answer any **five** of the following questions in about
250 words each :

5×10=50

4. Discuss the meaning and importance of documentation in mental health. 10
5. Explain positive mental health with a focus on its indicators and measurement. 5+5
6. Describe various activities to promote mental health. 10
7. Discuss United Nations Convention on Rights of Persons with Disabilities (UNCRPD). 10
8. Explain assessment of disability in mental retardation (Intellectual Disability) and certification. 10
9. Discuss the assessment techniques in counselling and guidance. 10

SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

2×5=10

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| 10. Domestic Violence Act | 5 |
| 11. Strategies to Promote Social Responsibility | 5 |
| 12. Multicultural Counselling | 5 |
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