

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

June, 2021

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION A

*Attempt any **two** of the following questions in about
600 words each :*

2×20=40

1. Elucidate the concept of Mind. Elaborate upon the structuralist and functionalist view of Mind. *4+8+8*
2. Define Mental Health. Discuss any three models of Mental Health. *2+6+6+6*
3. Elucidate the contribution of social influence, group processes, leadership and social power in the behaviour of people in society. *6+7+7*

SECTION B

Attempt any **five** of the following questions in about
250 words each :

5×10=50

4. Explain Karen Horney's theory of neurosis. 10
5. Discuss the Freudian stages of psycho-sexual development and defense mechanisms. 10
6. What are neurons ? Explain the functions of neurons with the help of a diagram. 3+7
7. Define Neurotransmitters. Discuss their significance in functioning of the brain. 4+6
8. Discuss conation in the context of well-being and pathology. 5+5
9. Discuss the burdens of the caregivers of persons suffering from mental health problems. 10

SECTION C

Write short notes on any **two** of the following in about
100 words each :

2×5=10

- | | |
|----------------------------|---|
| 10. Social Learning Theory | 5 |
| 11. Existentialism | 5 |
| 12. Stigma | 5 |
-