

No. of Printed Pages : 3

MPC-053

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)
Term-End Examination
June, 2021**

MPC-053 : MENTAL HEALTH IN SPECIAL AREAS

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any two of the following questions in about 600 words each. 2 × 20 = 40*

1. Highlight the importance of workplace mental health policy. Describe the steps suggested by WHO (2005) for developing mental health policy in workplace. 2+18

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[2]

MPC-053

2. Explain the meaning and importance of functional behavioural assessment with special reference to problematic behaviour of school children. 20
3. Discuss the psychological and pharmacological interventions for the management of dementia and depression in the elderly. 10+10

Section—B

Note : *Answer any five of the following questions in about 250 words each. 5 × 10 = 50*

4. Discuss the importance of marriage education and marital counselling for effective marital adjustment in Indian context. 10
5. Differentiate between Conduct Disorder and Oppositional Defiant Disorder (ODD). 10
6. Discuss the functions served by self harm. 10
7. Explain motivational enhancement therapy and its applications. 10
8. Describe the process of assessment of alcohol abuse and dependence. 10

[3]

9. Discuss the goals and proposes of rehabilitation. 10

Section—C

*Note : Write short notes on any **two** of the following in about 100 words each. $2 \times 5 = 10$*

10. Adaptive behaviour scales (Grossman, 1983). 5
11. Spina Bifida. 5
12. PASS Method. 5