

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2021

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : All sections are **compulsory**.

SECTION A

Answer any **two** of the following questions in about
450 words each :

2×10=20

1. Critically discuss the concept of Integrative Counselling. *10*

2. Discuss the application of Cognitive Behavioural Therapy in different settings. *10*

3. Discuss the factors that need to be considered in group counselling. Point out the advantages and limitations of group counselling. *5+5*

4. Give a critical evaluation of Rogers' Client-Centered Counselling. *10*

SECTION B

Answer any **four** of the following questions in about 250 words each :

4×6=24

5. Explain the four basic interpersonal problem areas addressed in interpersonal therapy. 6
6. Describe the various techniques for helping children with Autism Spectrum Disorder (ASD). 6
7. Explain the meaning and importance of Object Relation Theory. 6
8. Discuss the benefits and challenges of e-Counselling. 6
9. Discuss the various steps in counselling process. 6

SECTION C

Write short notes on any **two** of the following in about 100 words each :

2×3=6

- | | |
|--|---|
| 10. Miracle question | 3 |
| 11. Multimodal therapy | 3 |
| 12. Psychoanalytic theory vs. Psychodynamic theory | 3 |
-