

**CERTIFICATE IN HOME HEALTH  
ASSISTANCE (CHHA)**

**Term-End Examination**

**June, 2021**

**BHT-016 : BASIC HOME HEALTH ASSISTANCE**

*Time : 3 hours*

*Maximum Marks : 70*

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**PART A**

*Answer any **one** of the following questions within  
1200 words :*

*1×10=10*

**1.** Describe measures to promote comfort to the patient.

*10*

**2.** (a) Discuss types of diets.

(b) Explain modifications in diet for the following diseases :

(i) Diabetes Mellitus

(ii) Hypertension

(iii) Kidney Failure

*4+6=10*

## PART B

Write notes on any **ten** of the following within  
600 words each : 10×6=60

3. Qualities of Home Health Assistant (HHA). 6
  4. Factors affecting communication process. 6
  5. Points to be kept in mind while communicating with an elderly person. 6
  6. Do's and Dont's during earthquake. 6
  7. Purposes and factors influencing comfort for the patient. 6
  8. Role of family in health and disease. 6
  9. Subcutaneous Injection. 6
  10. Treatment of patient with urinary incontinence. 6
  11. First aid in closed wound. 6
  12. Causes, signs and symptoms of shock. 6
  13. Steps in biomedical waste management. 6
  14. Tips for dressing-up and grooming that need to be followed by home health assistant. 6
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