

**POST BASIC BACHELOR OF SCIENCE
(NURSING) B.Sc. (N) (PB)**

Term-End Examination

June, 2021

BNS-108 : MENTAL HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

Note : Attempt *all* questions. Support your answers with examples from your clinical experience.

1. (a) Describe the principles of communication.
- (b) Explain any seven therapeutic communication techniques you can use as a nurse. *3+7=10*
2. (a) Define Schizophrenia.
- (b) Enlist the signs and symptoms of Schizophrenia.
- (c) Write the nursing management of a patient with Paranoid Schizophrenia. *1+3+6=10*

3. Write the nursing management in any **three** of the following : $3 \times 5 = 15$
- (a) PTSD
 - (b) Narcotics Withdrawal
 - (c) Violent Behaviour
 - (d) Obsessive Compulsive Disorder (OCD)
4. Discuss the role of the nurse in the following : $3 \times 5 = 15$
- (a) Enuresis (Bed-wetting)
 - (b) Administration of Antidepressants
 - (c) Preparation of patient with ECT
5. Write short notes on any **four** of the following : $4 \times 5 = 20$
- (a) Factors Affecting Therapeutic Relationship
 - (b) Dementia
 - (c) Tertiary Prevention of Mental Illness
 - (d) Characteristics of Defense Mechanisms
 - (e) Disorders of Content of Thought
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