

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY (MSCCFT)**

**Term-End Examination**

**June, 2021**

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING  
AND FAMILY THERAPY**

*Time : 2 hours*

*Maximum Marks : 50*

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**Note :**

*Question no. 1 is **compulsory**.*

*Answer any **two** questions from Questions no. 2 – 5, in about 500 words each.*

*Answer **three** questions in all.*

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1. Write short notes on any **four** of the following in about 150 words each :  $4 \times 5 = 20$
- (a) National AIDS Control Programme
  - (b) Barriers to Treatment-seeking by Women Substance Users
  - (c) Goals for Treating Substance Use
  - (d) Treatment Resistance
  - (e) Solution-focused Therapy for Substance Use
  - (f) High Risk Sexual Behaviour

2. “Substance use is a family problem rather than an individual level problem.” Do you agree with this statement ? Give reasons and examples to substantiate your answer. *15*
  
  3. Giving examples, discuss ways in which sexual behaviours may relate to substance abuse and HIV. *15*
  
  4. Explain modalities of treatment of substance use. Why is a combined approach usually more helpful ? *15*
  
  5. Describe the 5 R’s approach to promote tobacco cessation. *15*
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