

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY (MSCCFT)**

**Term-End Examination**

**June, 2021**

**MCFTE-002 : CHILD AND ADOLESCENT  
COUNSELLING AND FAMILY THERAPY**

*Time : 2 hours*

*Maximum Marks : 50*

**Note :**

*Question no. 1 is **compulsory**.*

*Answer any **two** questions from questions no. 2 – 5,  
in about 500 words each.*

*Answer **three** questions in all.*

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1. Write short notes on any **four** of the following in about 150 words each :  $4 \times 5 = 20$
- (a) Importance of life skills for adolescents
  - (b) Play and cognitive development
  - (c) Dynamic model of parent training
  - (d) CBT for internalizing disorders
  - (e) Principles of play therapy
  - (f) Factors influencing stress tolerance levels

2. Discuss the factors related to school environment that impact school achievement among children. 15
  3. Analyse the impact of internet on children and adolescents. Give examples to substantiate your answer. 15
  4. Discuss interventions that you would recommend with respect to child victims of abuse. 15
  5. Explain, giving examples, the need of psychological assessment in the context of child psychopathology. Describe any three types of intelligence tests for children. 15
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