

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

June, 2021

**MCFTE-001 : MARITAL AND FAMILY THERAPY AND
COUNSELLING**

Time : 2 hours

Maximum Marks : 50

Note :

*Question no. 1 is **compulsory**.*

*Answer any **two** questions from Questions
no. 2 – 5, in about 500 words each.*

*Answer **three** questions in all.*

1. Write short notes on any **four** of the following in about 150 words each : 4×5=20
- (a) Active Listening
 - (b) Need for Adjunct Intervention
 - (c) Characteristics of a Good Self-Report Scale
 - (d) Ethical Issues in Using Assessment Tools
 - (e) Prerequisites for Sex Therapy
 - (f) Contra-indications for EFT

2. With the help of examples, explain factors that may affect the neutrality of the counsellor and family therapist towards the client/clients. Describe the safeguards recommended for maintaining neutrality. 15

 3. What are conceptual skills ? Giving examples, explain why the various conceptual skills are important for family assessment. 15

 4. Describe the techniques that you, as a therapist, are likely to use for getting the couple to engage with emotions. 15

 5. What do you understand by marital enrichment ? Discuss the areas that you would address in marital enrichment sessions with a newly married couple. 15
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