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MCFT-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2021

**MCFT-001 : HUMAN DEVELOPMENT AND FAMILY
RELATIONSHIPS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) Answer any **five** questions in about
600 word each.

(ii) All questions carry equal marks.

1. Explain Vygotsky's social cognitive theory. What are the implications of Vygotsky's theory on children ? Discuss. 20

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2. Discuss Maslow's 'Hierarchy of Needs' with the help of examples. 20
3. Define family. Explain types of families in India on the basis of any **four** dimensions. Give examples to support your answer. 20
4. List down the factors that determine roles and responsibility in the family. Discuss how media and technology can have an influence on family dynamics. Give examples to support your answer. 20
5. "Marriage is an important life stage in India." Discuss the domains of adjustment during the beginning stage of family life cycle. 20
6. What do you understand by the child bearing family stage ? Explain sources of stress for the child bearing family. 20
7. Discuss the role of identity formation in teenagers. Analyse the stage as per Erikson's theory that corresponds to adolescence with special reference to adolescents in India. Give specific examples with reference to your own locality. 20

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8. Analyse with a case example major issues in old age in India. 20
9. Write notes on any *two* of the following in about **300** words each : 10×2=20
- (a) Sandwich generation
 - (b) Assumptions of social exchange family theory
 - (c) Assimilations