

**POST GRADUATE DIPLOMA IN  
MENTAL HEALTH  
(PGDMH)**

**Term-End Examination**

**June, 2020**

**MPC-053 : MENTAL HEALTH IN SPECIAL AREAS**

*Time : 3 Hours*

*Maximum Marks : 100*

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*Note : All Sections are compulsory.*

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**Section—A**

**Note :** Answer any *two* of the following questions in about **600** words each.

1. Discuss the prevalence rate of mental disorders in women in India and explain the factors that affect the mental health in women. 10 + 10

2. Explain self-harm and suicide. Discuss the causes leading to self-harm and suicide. 8 + 2
3. Describe the principles of child and adolescent diagnostic assessment. Discuss the signs, symptoms and management of elimination disorders. 5 + 15
4. Explain the clinical picture of common sexual problems and dysfunctions. 20

### Section—B

**Note :** Answer any *five* of the following questions in about 250 words each.

5. Discuss the management of dementia and other cognitive disorders. 10
6. What is Work-related Stress ? Explain the risk factors for mental health problems at the workplace. 4 + 6

7. Discuss aggression and violence in children and discuss the role of parents in preventing bullying. 6 + 4
8. Discuss the strategies for prevention of mental retardation at the primary, secondary and tertiary level. 10
9. Describe the causes and highlight the health hazards of tobacco use. 4 + 6

**Section—C**

**Note:** Write short notes on any *two* of the following in about 100 words each.

10. Asperger's disorder. 5
11. Tourette's syndrome. 5
12. Work addiction. 5