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MPC-051

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

June, 2020

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

Note : Answer any *two* of the following questions in
about 600 words each.

1. Define Mental Health. Discuss the *six* models of
mental health.

5+15

P. T. O.

2. Discuss neuroanatomy of the brain and its functions. Delineate the brain diseases that affect the same. 10+10
3. Discuss cognitive functions in the context of well-being and pathology. 20

Section—B

Note : Answer any *five* of the following questions in about 250 words each.

4. Discuss the Freudian stages of Psycho-sexual development and the defense mechanisms of the ego. 5+5
5. Discuss the general cognitive functions and executive functions of the mind. 5+5
6. Discuss the cultural context of understanding mental illness. 10

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7. Explain the sociological theories related to mental health and its implications for mental illness. 5+5
8. Discuss the interpersonal nature of mental health problems and how the chronic and recurrent disorders are managed. 5+5
9. Elaborate the family perspectives of mental health issues. 10

Section—C

Note : Write short notes on any *two* of the following
in about 100 words each. 5 each

10. Humanistic Psychology and Cognitive Psychology.
11. The Social Unconscious.
12. Horney's Neurotic Needs.