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**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**June, 2016**

**MCFTE-002 : CHILD AND ADOLESCENT  
COUNSELLING AND FAMILY THERAPY**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : Answer three questions in all. Question No. 1 is compulsory.*

1. Discuss any two of the following : 10+10=20
- (a) Child centered play therapy in the Indian context
  - (b) Significance of life skills education / promotion
  - (c) Management of child abuse and trauma
  - (d) Effects of media on psychological and social functioning of children and adolescents.
2. (a) Why is it important that intervention services be provided to parents of children with disabilities ? 5
- (b) Describe the steps and measures that should be included in an intervention programme for parents of children with disabilities. 10

3. (a) Explain the concept of cognitive behaviour therapy. 5
- (b) With the help of examples, describe the common goals of cognitive behavioural interventions. 10
4. "Adolescents are in conflict with their parents and prefer to conform to their peer group only." Do you agree with this statement? Give reasons and examples to substantiate your answer. 15
5. (a) Discuss the concepts of "Vulnerability" and "Resilience" during childhood development. 5
- (b) Identify any two categories of particularly vulnerable children, and suggest suitable interventions. 10
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