

01390

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2016

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : (i) Answer five questions in all.

(ii) Question No. 1 is compulsory.

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Knapp's relationship escalation model
 - (b) Parenting styles according to Baumrind
 - (c) Sexual repression
 - (d) Causes of homosexuality
 - (e) Cognitive well being
 - (f) Schooling Vs. apprenticeship
 - (g) Journal writing

2.
 - (a) What is schema ? 5
 - (b) Explain different types of schemas with help of an example for each. 10
 - (c) Briefly discuss the impact of schemas on social cognition. 5

3. What is pro social behaviour ? With help of examples, discuss the personal determinants of pro social behaviour. 5+15=20

4. (a) Differentiate between self concept and self esteem. 5
(b) With help of an example, discuss the impact of Indian culture and socialization process on the development of 'self'. 15
5. (a) How does emotional disturbances impact well-being ? 10
(b) Discuss emotion regulation skills. 10
6. (a) Write in brief on any four theories of marriage and family. 10
(b) Discuss the role of a counsellor/family therapist with regard to marital harmony in a couple married for five years. 10
7. Explain the following terms : 4x5=20
(a) Gender identity
(b) Intersexed
(c) Transgendered
(d) Bisexual
8. (a) With help of examples, explain common sources of conflicts in the Indian family. 10
(b) Define conflict management. Discuss the positive approaches to handle family or marital conflict. 10
9. With help of a case example, discuss the features of Indian families that affect cohesion and describe the barriers and challenges to family cohesiveness in India. 20
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