MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY / POST GRADUATE DIPLOMA IN COUNSELLING AND FAMILY THERAPY

01431

Term-End Examination

June, 2016

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours   *Maximum Marks : 100*

Note : (i) *Answer five questions in all.*

(ii) *Question No. 1 is compulsory.*

1. Explain **any four** of the following, in about 150 words each :   4x5=20

(a) Hybrid model of mental health

(b) Psychosis

(c) Clinical characteristics of delirium

(d) Eustress and distress

(e) Substance withdrawal syndromes

(f) Phobia

(g) Insomnia

2. Define each of the following in 2 - 3 sentences only :   10x2=20

(a) Emotional intelligence

(b) Nosology

(c) Somatoform disorder

(d) Temperamental characteristics

(e) Psychosocial intervention

(f) Bereavement

(g) Sighted guide travel

(h) Club foot

(i) Intentional self harm

(j) Psychoeducation

3. (a) What are the different models of normality ?   **10**

   (b) Explain the meaning of positive mental   **10**
   health. Outline the steps that help to attain
   it.

4. (a) Describe the causes (any five) of locomotor   **10**
   disability.

   (b) Discuss the problems faced by persons with   **10**
   locomotor disability. How can we make our
   society an inclusive society ?

5. Discuss the Prognosis (Chances of recovery) with
   respect to **any two** of the following :   **10x2=20**

   (a) Depressive disorders

   (b) Schizophrenia

   (c) Substance use disorders

6. As a family therapist/counsellor, how would you   **20**
   diagnose the type of mood disorder in an
   individual ? Support your answer with the help
   of case examples.

7. Describe psychosocial adaptation to chronic   **20**
   illness.

8. (a) Distinguish between neurotic disorders and **10** psychotic disorders.

   (b) With the help of any two theories, explain **10** the causes of neurotic disorders.

9. Write short notes on **any two** of the following :

   (a) A case illustration of OCD   **10x2=20**

   (b) Common psychiatric problems of children and adolescents

   (c) Manpower development schemes in mental health

   (d) Intervention with a patient with suicidal tendency

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