

**MASTER'S DEGREE IN SOCIAL WORK
(COUNSELLING)**

Term-End Examination

June, 2016

MSW-015 : BASICS OF COUNSELLING

Time : 3 hours

Maximum Marks : 100

- Note :** (i) *Answer all the five questions.*
(ii) *All questions carry equal marks.*
(iii) *Answer to question 1 and 2 should not exceed 600 words each.*

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1. Explain different stages of Counselling process. 20
OR
Discuss some of the ethical principles and issues in Counselling. 20
2. Describe the historical evolution of family therapy in India. 20
OR
Give a brief account of the tools commonly used in Counselling. 20
3. Answer **any two** of the following questions in about **300** words each :
(a) Briefly describe the key aspects in Counselling theory and practice. 10
(b) Describe the three dimensional model in Counselling. 10
(c) What are the three approaches to affective Counselling ? 10
(d) Discuss the role of the therapist in play therapy. 10

4. Answer any four of the following questions in about 200 words each :
- (a) Mention the techniques of transactional analysis. 5
 - (b) Enlist the categories of record documents. 5
 - (c) Write a short note on relapse prevention. 5
 - (d) Explain Adlerian Counselling. 5
 - (e) Discuss any one school of family Counselling. 5
 - (f) Explain the relevance of exploratory stage in Counselling. 5
5. Write short notes on any five of the following questions in about 100 words each :
- (a) Characteristics of Counselling 4
 - (b) Limitations of Psychoanalytic Counselling 4
 - (c) Role of family therapist 4
 - (d) Child-Centered play therapy 4
 - (e) Challenges in supportive therapy 4
 - (f) Leadership in Counselling 4
 - (g) Empathy 4
 - (h) Qualities of a good Counsellor 4
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