

Time : 3 hours

Maximum Marks : 70

Note : All questions are compulsory

1. What is the life course Perspective on aging? **5+10=15**
Discuss the various determinants of active and graceful aging and its preventive measures.

2. Define rehabilitation Discuss various problems **3+6+6**
encountered by older persons with disabilities. **=15**
What are the major strategies for carrying out rehabilitation programmes?

3. What are the various psychological concerns in **5+10=15**
elderly? Discuss three major psychological issues
in old age and its management.

4. Write short notes on :

- (a) Barthel index 5
- (b) Options in caring for aged 5
- (c) Diet related degenerative changes in elderly 5
- (d) Improving functional competence of elderly 5
- (e) Role of NGOs in the care of older people 5

— ** —