

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING
(CAHC)**

Term-End Examination

June, 2014

**CNS-AH-001 : FUNDAMENTAL OF
ADOLESCENCE**

Time : 3 hours

Maximum Marks : 70

Note : (i) Attempt all questions.

(ii) Support your answer with examples.

1. (a) Discuss the developmental stages in adolescence describing early, middle and late adolescence. **10+5=15**
- (b) Explain the physical needs and concerns of adolescents.
2. (a) Define puberty. Discuss the types and changes in boys and girls. **2+8+5=15**
- (b) Discuss the role of parents in helping adolescents during these changes.
3. (a) Explain the concept of developing value system in adolescents. **3+12=15**
- (b) Discuss the role of family, school, peers and teachers in helping adolescents to develop value system.

4. Discuss the role of teacher in educating adolescents in the following : $3 \times 5 = 15$
- (a) During Menarche
 - (b) Prevention of teenage pregnancy
 - (c) HEALTHY and happy adolescence.
5. Write short notes on **any two** of the following : $2 \times 5 = 10$
- (a) Social needs and concerns of adolescents
 - (b) Female Foeticide and Infanticide
 - (c) Myths and misconception related to gender and adolescent sexuality
 - (d) Indulgence in sexual behaviour by adolescents
-