

POST BASIC B.SC. NURSING

Term-End Examination

June, 2014

BNS-108 : MENTAL HEALTH NURSING

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions. Attempt all parts of a question at one place.

1. (a) Explain the components or elements of 4+5+6=15 communication.
 - (b) Describe any five therapeutic communication techniques you can use as a nurse. Support it with examples from your clinical experience.
 - (c) Discuss about the phases of therapeutic nurse patient relationship.
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2. Mrs Reena a 22yr old female is admitted in your ward with h/o ritualistic behaviour of washing hands. She is diagnosed as a case of OCD (obsessive compulsive Disorder) 2+4+3+6=15
 - (a) Define OCD
 - (b) Describe the psychodynamics and etiology of OCD

- (c) Discuss about the management of OCD
 - (d) Explain the nursing care of Reena.
3. (a) Enlist the basic principles of Emergency psychiatry. **4+6+5=15**
- (b) Explain how would you manage violent patient admitted in Emergency ward.
 - (c) Explain the nursing Interventions of a patient with PTSD.
4. Write the nursing management in *any two* **5x2=10** conditions :
- (a) A patient experiencing delusions.
 - (b) A child with temper tantrums
 - (c) An adolescent with antisocial behaviour.
5. Write short notes on *any three* of the following : **5x3=15**
- (a) Development of Psychiatric Nursing in India.
 - (b) Misconcepts about mental illness
 - (c) Characteristics of defense mechanisms
 - (d) Disorders in progression of thought.
 - (e) Principles of psychiatric Nursing.

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