

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY  
POST GRADUATE DIPLOMA IN COUNSELLING AND  
FAMILY THERAPY  
Term-End Examination  
June, 2014**

**MCFT-002 : MENTAL HEALTH AND DISORDERS**

*Time : 3 hours*

*Maximum Marks : 100*

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**Note : Answer *five* questions in all. *Question No. 1 is compulsory.***

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1. Explain ***any four*** of the following; in about **150** **4x5=20** **words** each.
- (a) Obsession
  - (b) Impulse control disorders
  - (c) Acute and transient psychosis
  - (d) Family based interventions
  - (e) Multiple disabilities
  - (f) Psychosocial rehabilitation
  - (g) Normal grief

2. (a) Describe some common obsessions & compulsions **10**
- (b) State the characteristics of panic disorder. **10**
3. Explain what factors contribute towards development of personality disorders. Give relevant examples. **20**
4. (a) What are the symptoms and features indicative of hearing impairment in a child? **10**
- (b) As a counsellor, what interventions would you suggest for a child having hearing impairment.
5. (a) Differentiate between mental illness and mental retardation. **10**
- (b) Discuss the role the community members can play in the welfare of children/persons with mental retardation. **10**
6. (a) How will you examine a person who is suffering from cognitive disorders? **10**
- (b) Describe non-pharmacological management of dementia. **10**

- 7 (a) Name and explain delusions that are found in schizophrenia. 10
- (b) Enumerate reasons for poor compliance to treatment in persons with schizophrenia. 10
8. Discuss the association of some major chronic diseases and mental illness, giving examples. 20
9. Write short notes on *any two* of the following. 10x2=20
- (a) District Mental Health Programme
- (b) Mental status Examination
- (c) Autism
- (d) Psycho education

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