

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

01054

June, 2014

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : *Attempt any five questions. All questions carry equal marks. Answer each question in not more than 500 words.*

1. Differentiate between guidance, counselling and psychotherapy. Describe the characteristics of a counsellor. 6+4
2. Discuss the importance and issues of termination in counselling. 10
3. Enumerate various approaches in counselling, with particular emphasis to Reality Therapy by Glasser. 10
4. Describe the technique of systematic desensitization with an example. 10
5. Distinguish between Child Rights and Child Protection. Describe the rights of children. 4+6

6. What is substance abuse ? Discuss different factors that lead to addiction. 3+7
7. Describe the various techniques used in CBT. 10
8. Describe various causes of depression. Discuss the efficacy of REBT in the treatment of depression. 4+6
9. What do you understand by family therapy ? Discuss various techniques of family therapy. 4+6
10. Write short notes on the following : 5+5
 - (a) Dream analysis
 - (b) Ethics in E-counselling