

Doctor of Philosophy in Psychology (PHDPC)

Term End Examination

June, 2014

RPCE 005: THEORIES AND TECHNIQUES OF COUNSELLING

Time: 3 Hours

Maximum Marks: 100

Note: All sections are compulsory. Read the instructions carefully before attempting each section.

Section-A

Answer *any 10* of the following questions in about *50 words* each. All questions carry equal marks. 10 x 4=40

1. Differentiate between counseling and psychotherapy. 4
2. What is meant by psychotherapy integration? 4
3. What are the basic tenets of Jungian psychotherapy? 4
4. Explain any two Adlerian concept of personality development. 4
5. What do you understand by cultural grief? 4
6. What is 'scaling technique'? 4
7. Explain the phrase 'cultural competence'. 4
8. Explain social justice counseling/therapy. 4
9. What are the possible biases when working with female clients? 4
10. Define 'disability'. 4
11. Explain the term 'informed consent'. 4

Section- B

Answer *any 5* of the following questions in about *200 words* each. All questions carry equal marks. 5 x 6=30

12. Describe some basic techniques used in psychodynamic interviewing. 6

13. Explain the steps involved in participant modeling technique with a suitable example. 6
14. Discuss the current status of Gestalt therapy in Counseling Psychology. 6
15. What are the personality tests frequently used by a counselor? 6
16. Discuss the multicultural issues in narrative therapy. 6
17. Discuss the challenges of abuse and neglect in older population. 6

### Section-C

Answer *any 2* of the following questions in about *500 words* each. All questions carry equal marks. 15 x 2=30

18. Explain the term 'multicultural counselling'. Discuss the various components of ethnocentric monoculturalism. 5+10=15
19. Discuss the specific challenges faced by minority groups and consider their implications in treatment. 15
20. 'Career encompasses the life span'. In light of the above statement discuss the different approaches and techniques for working with select groups. 15