

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**June, 2013**

**MPCE-023 : INTERVENTIONS IN COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All questions carry equal marks. Answer any five questions. Each question is to be answered in about 500 words.*

1. Discuss critically psychodynamic psychotherapy. 10
2. What do you mean by insight therapy ? Discuss the humanistic and existential approach in insight therapy. 2+8
3. Explain the Rational Emotive Behaviour Therapy. 10
4. Elucidate the symptoms of ADHD and explain the techniques for helping the ADHD children. 4+6
5. Describe the techniques of systematic desensitization in detail with an example. 10
6. Describe family as a group and state the different approaches to the network of relationships in the family. 10

7. Discuss the various approaches to counselling. 10
8. Define and discuss eclecticism as an approach to counselling. 10
9. Examine the scope and career of counselling psychology in India. 10
10. Write short notes on *any two* of the following : 5x2=10
- (a) Token economy
  - (b) Separation anxiety
  - (c) Informed consent
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