

**Master of Science in Counselling and Family  
Therapy / Post Graduate Diploma in Counselling  
and Family Therapy**

**Term-End Examination**

**June, 2012**

**MCFT-007 : Applications and Interventions**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : Answer five questions in all. Question No. 1 is compulsory.*

1. Explain *any four* of the following in about 150 words each : 4x5=20
  - (a) Play therapy
  - (b) Guidelines for evaluating divorce issues
  - (c) Sexual orientation
  - (d) Treatment goals in substance use disorders
  - (e) Self - harm
  - (f) Crisis counselling
  
2. What are the general principles that need to be kept in mind when counselling children and adolescents ? Explain with the help of examples. 20
  
3. (a) Why is it important that counselling and family therapy provided in case of emotional and behavioural problems in children and adolescents be family based ? 10

- (b) What parenting tips would you give to parents and family members of children with behavioural problems ? 10
4. Discuss the problem areas in life and family domains in the client with specific reference to joint and extended families in the Indian context. 20
5. Describe, giving examples, the factors affecting the family's adaptation to chronic illness. 20
6. Discuss the significance and focal areas of psychosocial approaches for treatment of substance use disorders. 20
7. (a) Describe the psychosocial support that should be provided to adolescents in case of a disaster. Illustrate your answer with examples. 10
- (b) Discuss the various elements of crisis/ disaster counselling. 10
8. Discuss the various therapeutic interventions that have been found to be useful with abused children. 20
9. (a) Outline the common mental health problems of older people. 10
- (b) Highlight the significance of care-giver support in management of old age mental health problems. 10