

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**June, 2012**

01672

**MPCE-013 : PSYCHOTHERAPEUTIC METHODS**

*Time : 2 hours*

*Maximum Marks : 50*

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*Note : Answer any five questions. All questions carry equal marks. Each question is to be answered in about 500 words.*

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1. What are the basic assumptions of Carl Rogers' client centered therapy ? Discuss the process of client centered therapy. 10
2. Write an essay on the basic tenets and concepts of psychodynamic psychotherapy. 10
3. What do you understand by Behaviour Modification ? Discuss Desensitization as a type of Behaviour Modification Technique. 10
4. Define the term integrative psychotherapy. Trace the historical development of integrative psychotherapy movement. 10
5. Discuss Beck's cognitive behavioural approach. 10

6. How does cognitive behavioural approach differ from psychoanalytic and client centered therapy ? 10
  7. Discuss the various modalities of psychological treatment of mental disorders. 10
  8. Describe psychotherapeutic approaches used for treating depression in adolescents. 10
  9. (a) What is meant by eclectic approach in therapy ? Give suitable examples. 5+5  
(b) Describe Group Psychotherapy.
  10. Why do we need psychotherapy for the persons with AIDS ? What are the typical psychotherapy techniques that you would recommend for them ? 10
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