

BACHELOR OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2012

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : Attempt five questions in all. Each question is to be answered in about 500 words. All questions carry equal marks.

1. Define counselling. Discuss the various stages of the counselling process. 3+7
2. Describe the skills required in an effective counsellor. 10
3. Trace the origin of counselling movement in India. 5+5
Discuss the concept of counselling in the Indian context.
4. Discuss the frequently used behavioural techniques used in counselling. 10
5. Discuss critically the issues in adolescence counselling. 5+5

6. Elucidate the techniques of family counselling. 10
 7. Delineate the factors influencing school counselling. 10
 8. Critically evaluate the family counselling process and discuss its application to real life situations. 6+4
 9. Define couple counselling. Explain the techniques used in couple counselling. 3+7
 10. Write short notes on the following : 5+5
 - (a) Limitations of person-centered counselling
 - (b) Cognitive approach of counselling
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