

No. of Printed Pages : 2

**MPC-054**

**POST GRADUATE DIPLOMA IN  
MENTAL HEALTH (PGDMH)**

**Term-End Examination**

**December, 2023**

**MPC-054 : SERVICES FOR THE MENTALLY ILL**

*Time : 3 Hours*

*Maximum Marks : 100*

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**Note :** *All Sections are compulsory.*

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**Section—A**

**Note :** Answer any **two** of the following questions  
in about **600** words each.  $2 \times 20 = 40$

1. Elucidate the rights of the persons with mental illness. 20
2. Discuss the role of NGOs towards psychosocial rehabilitation in India. 20
3. Explain the concept and nature of anger. Discuss anger management in detail. 10+10

**P. T. O.**

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**Section—B**

**Note :** Answer any *five* of the following questions  
in about **250** words each.  $5 \times 10 = 50$

4. Describe the challenges related to documentation in mental health. 10
5. Discuss the role of research in mental health. 10
6. Discuss stigma and discrimination with regard to mental illness. Describe strategies for awareness and stigma reduction. 5+5
7. Elucidate assessment of multiple disabilities. 10
8. Describe various cognitive techniques used in cognitive theory. 10
9. Discuss the approaches and treatment in crisis intervention. 10

**Section—C**

**Note :** Write short notes on any *two* of the following  
in about **100** words each.  $2 \times 5 = 10$

10. Therapeutic community. 5
11. Vocational rehabilitation. 5
12. Individual indicators of positive mental health. 5