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BPCE-017

**BACHELOR'S DEGREE PROGRAMME
(BDP)**

(B. A. PSYCHOLOGY)

Term-End Examination

December, 2023

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any *two* of the following questions in
about **450** words each. 2×10=20

1. Explain the behavioral theory of counselling and point out its limitations. 8+2
2. Describe the goals and theories of family counselling. 3+7
3. Explain the counselling process and highlight the goals of counselling. 10
4. Discuss the objectives and assessment process in couple counselling. 10

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Section—B

Note : Answer any *four* of the following questions
in about **250** words each. $4 \times 6 = 24$

5. Describe the psychosexual stages of development given by Freud. 6
6. Discuss various therapeutic activities that can be used for counselling children. 6
7. Explain the core dimensions of effective counselling. 6
8. Describe individual counselling for students coping with divorce/separation of parents. 6
9. Explain group counselling. 6

Section—C

Note : Write short notes on any *two* of the following
in about **100** words each. $2 \times 3 = 6$

10. Conditions of Worth. 3
11. Family floor plan. 3
12. Confidentiality. 3

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