

No. of Printed Pages : 2 **BNS–108/BNS–208**

POST BASIC B. Sc. (NURSING)

[B. Sc. (N) (PB)]

Term-End Examination

December, 2023

BNS-108/BNS-208 : MENTAL HEALTH NURSING

Time : 3 Hours

Maximum Marks : 70

Note : (i) *Attempt all questions. Support your answer from the clinical setting.*

(ii) *Answer the questions as per the following word limits :*

10 marks in 1000 words, 5 marks in 500 words, 3 marks in 200 words, 2 marks in 50 words.

1. (a) Discuss the characteristics of mentally healthy individual. 5
- (b) Misconcepts about mental illness. 5
2. (a) Define depression. 2
- (b) Explain the misconcepts about suicide. 3

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- (c) Discuss the nursing management of patient with depression. 10
3. (a) Explain the term substance abuse. 2
- (b) List the commonly abused substances. 3
- (c) Discuss the nursing management of patient with narcotic withdrawal symptoms. 10
4. (a) List the objectives and approaches of National Mental Health Programme (NMHP). 5
- (b) Describe the services organized under the NMHP. 10
5. Write short notes on any *three* of the following : 5 each
- (a) Disorders of motor activities
- (b) Non-therapeutic communication techniques
- (c) Somatoform disorders
- (d) Psychosocial therapies